

MOVICH  
cycling

# DISCOVER THE MAGIC OF COLOMBIA ON TWO WHEELS



RUTA MEDELLÍN CAMP.



Team  
Medellín



# COLOMBIA THE CYCLISTS DESTINATION

## MOVICH CYCLING

Committed to delivering the best experiences we created Movich Cycling. Discover the magic and natural beauty of Colombia while riding on two wheels around the most charming corners of this amazing country.

Allow yourself to be delighted by the experience of getting deeply in touch with our unique culture, while enjoying the best of personal riding challenges, astonishing landscapes, unique gastronomic bites and dishes, charming cities, towns frozen in time, and fascinating people.

Enjoy the best curated cycling program in the country where you will be able to enjoy not only great cycling but the best service on our hotel, bike services and shop, recovery, and additional activities that will take the experience to another level.

Colombia is the birthplace of renown cyclists worldwide.

Cycling is a sport and a hobby widely practiced by colombian people but most recently discovered by foreign travelers who want to enjoy this paradise by exploring the diversity found in its regions

With diverse topography and weather, colombia offers cyclists a wide variety of routes, from high-altitude mountain climbs, to rainforest routes, and flatter coastal circuits.

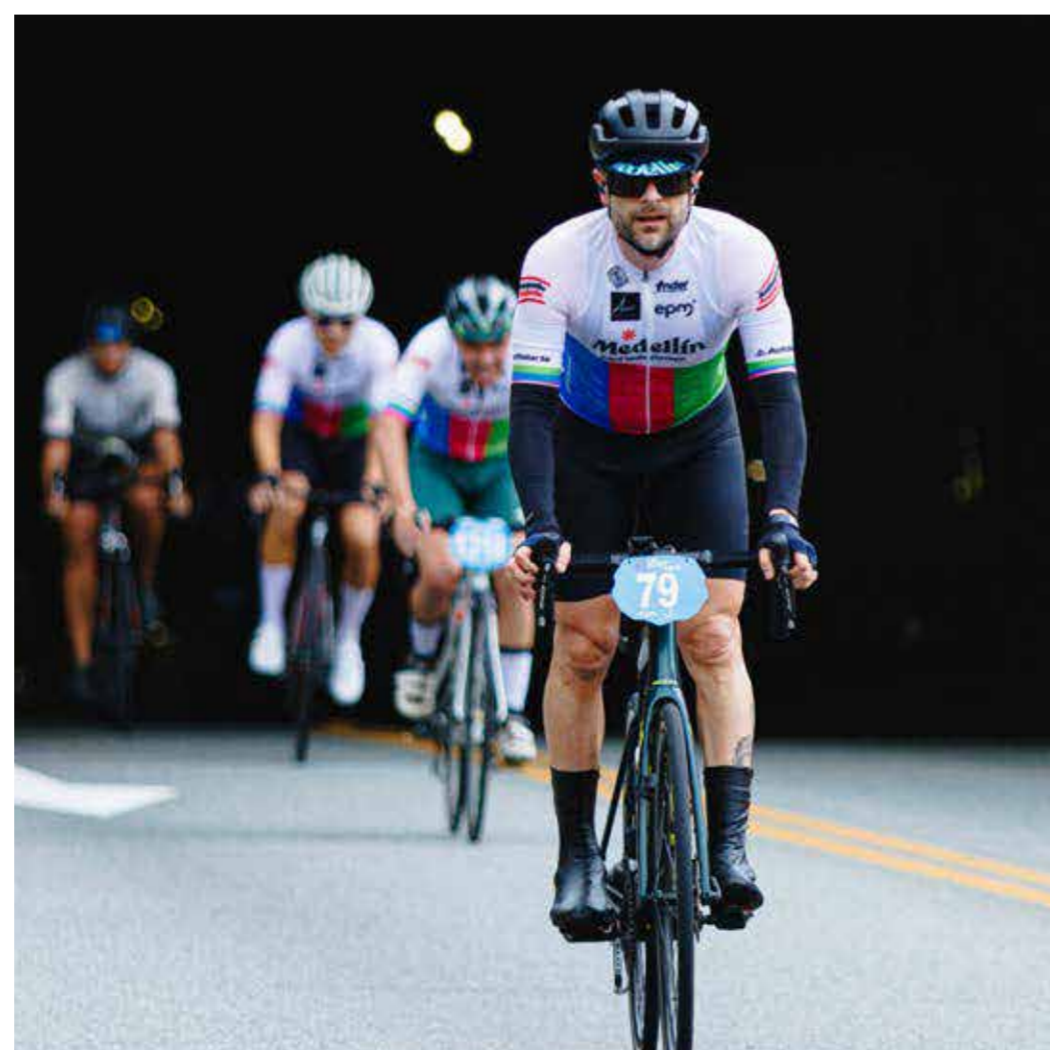


## RUTA MEDELLÍN BY MOVICH CYCLING

The most important cycling event of Medellín, created by TEAM MEDELLÍN, the most important cycling team in Colombia, to bring the passion for cycling to everyone.

Discover one of the most beautiful mountains, diverse landscape and vegetation, while heading to magical arrival point and destinations. Visit unique villages and colonial towns that will blow your mind. Admire the architecture, while trying a local dessert that will boost your energy.

**If you have any specific personal goals, we can always customize the routes to help you achieve them.**



**HOTELS**

High end, comfortable and adequately located hotels.

**BREAKFAST**

Enjoy a full buffet or à-la-carte breakfasts which are included with your stay.

**LAUNDRY**

Complimentary laundry service for your cycling kit, everyday

**BIKE CLEANING SERVICE**

Leave the mess to us - find your bike clean and ready to go for each ride.

**SAFE BIKE STORAGE**

Dedicated rooms for bike storage, with all the safety and implements for proper care.

**EXCLUSIVE VIP LOUNGE**

Find comfortable seating, snacks, and TV services for a pleasant relaxed stay after a long day using our Air Relax compression boots.

**SPA AND SCHEDULED MASSAGES**

Give your body a rest after a strenuous cycling journey on our first class spa.

**RACE ENTRY****RIDE CAPTAIN**

Specially trained personnel to prepare, lead, and support the group at all times.

**SWAG WAGON**

Support van, motorbike, or vehicles with the group along the road.

**CONCIERGE ON ROAD**

Personnel to help you with your special needs and supplies delivery.

**PROFESSIONAL PHOTOGRAPHY**

Professional photography on road so you can take some of the memories with you.

**SNACKS AND HYDRATION ON ROAD**

Hydrating drinks, soft-drinks, as well as snacks.

**LOCAL FLAVOR SAMPLERS**

Stop by in restaurants during your routes to give yourself a treat of local gastronomic samplers worth trying.

**MECHANICAL SUPPORT**

Experienced bike mechanics personnel in case of required assistance on road.



# INCLUDED IN THE CAMP:

**RIDE** LIKE A PRO



**WE HAVE IT  
ALL COVERED  
SO YOU DON'T  
HAVE TO WORRY  
ABOUT A THING**

**DAY 1**

**Welcome to Medellín**

**DAY 2**

**Concepción**

Concepción, historical heritage of the nation for its colonial architecture.

**DAY 3**

**El Retiro**

Do you dare to set your personal record on these mountain passes?

**DAY 4**

**InterContinental Movich**

It's time to regain strength for our main challenge: Medellín Route 2025.

**DAY 5**

**Ruta Medellín**

**TAKING A HALF WEEK PLAN?**

You can jump in the day you want and works best for you.

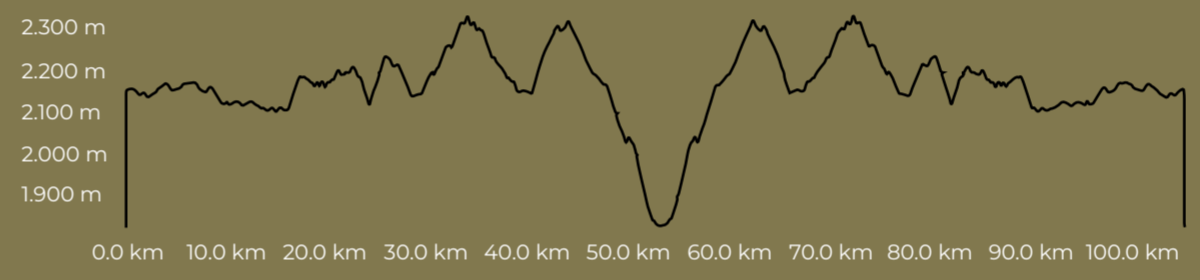
**I DON'T STOP  
WHEN I'M TIRED  
I STOP WHEN  
I'M DONE**



## DAY 2 CONCEPCIÓN

Concepción is a city east of Antioquia, a popular route among Medellín cyclists, it has ups and downs that make it a very demanding route, with an incline of 5.4%. It is a quiet road with many curves and an amazing landscape of hills, streams and flowers.

DISTANCE	ASCENT
<b>105 km</b>	<b>2.057 m</b>

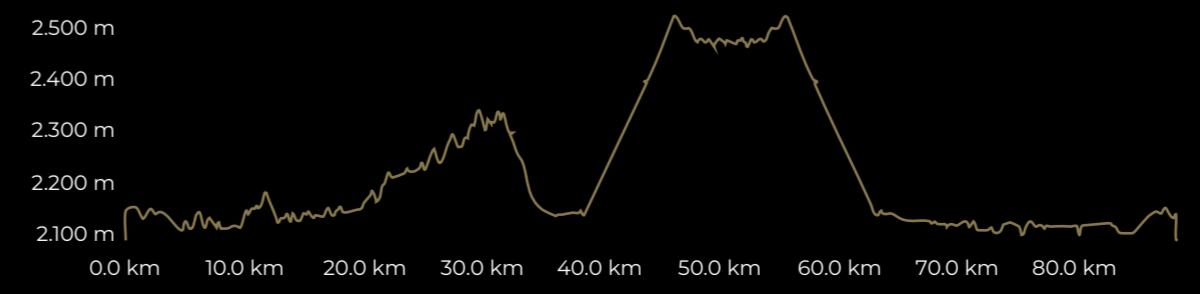


<b>CLIMB:</b> Las frías	<b>AV. GRADE:</b> 6%
<b>DISTANCE:</b> 8 km.	<b>CATEGORY:</b> 2
<b>ELEVATION:</b> 478 mt.	<b>DIFFICULTY:</b> Hard

## DAY 3 EL RETIRO

Who wouldn't want to traverse the mountain passes most frequented by professional cyclists such as Rigoberto Uran, Daniel Martínez, Sergio Higuita, Fernando Gaviria, Sepp Kuss, and Peter Sagan himself? On this route, we come across the second-category mountain pass known as Alto de La Unión.

DISTANCE	ASCENT
<b>88 km</b>	<b>1.300 m</b>



<b>CLIMB:</b> Alto de la Unión	<b>AV. GRADE:</b> 5%
<b>DISTANCE:</b> 8 km.	<b>CATEGORY:</b> 2
<b>ELEVATION:</b> 352 mt.	<b>DIFFICULTY:</b> Medium

**WE KNOW  
EXACTLY WHICH  
RIDES YOU  
CAN'T MISS**

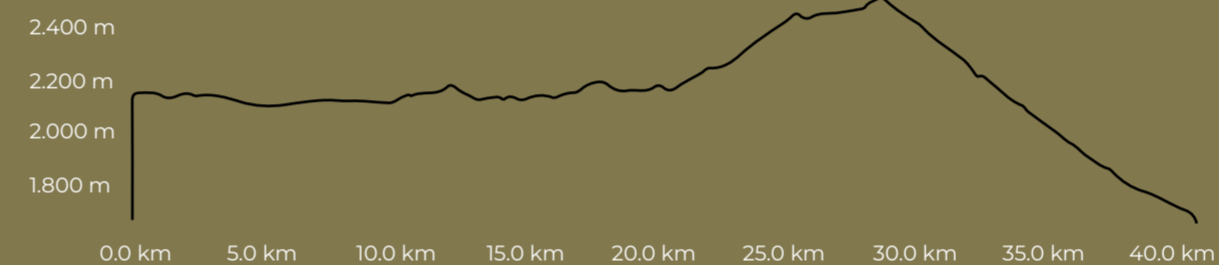


## DAY 4

### INTERCONTINENTAL MOVICH

After an intense week of mountain crossings, fresh air, and breathtaking landscapes, we make our way to Medellín to tackle our main challenge: the Medellín route. But first, we'll enjoy a stunning journey, passing by the La Fe reservoir and the endless forest that surrounds it, culminating at the Intercontinental Movich Medellín Hotel.

DISTANCE	ASCENT
<b>40 km</b>	<b>700 m</b>



<b>CLIMB:</b> Carrisales	<b>AV. GRADE:</b> 6%
<b>DISTANCE:</b> 4,7 km.	<b>CATEGORY:</b> 2
<b>ELEVATION:</b> 303 mt.	<b>DIFFICULTY:</b> Easy

## DAY 5

### MEDELLÍN ROUTE RACE 2025

Get ready, grab your water bottle, and join us on an exciting tour of Medellín. Together, we'll take on the fascinating and challenging Medellín route, exploring our beautiful city one kilometer at a time.





## ADDITIONAL SERVICES:



### HORSEBACK RIDING

Take another type of ride and enjoy the mountains, fresh air and a different experience around this magical region.



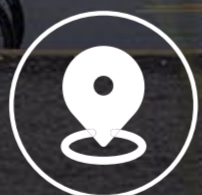
### EXCLUSIVE BIKE SHOP AND APPAREL SHOPPING

Want to do some special bike shopping? We have the best places to take you!



### COFFEE TASTING EXPERIENCES

You can't come to Colombia and not experience a coffee tasting. Learn and dive into the Coffee process with us.



### TOURS

Want to go shopping, do a tour around the region or Medellín? We got you covered, we can arrange any other touristic experience you want to live!



### BIKE RENTAL

Don't want to bring your bike with you? We can arrange either a road, mountain or e-bike for you to enjoy during your stay.



### BEER TASTING EXPERIENCES

A good beer is always a great idea after a hard ride. There are great beers around the east of antioquia, taste them and you will be surprised!!



### FAMILY AND COMPANIONS ARRANGEMENTS

Coming to ride with your family? don't worry we will take great care of them as well as we take care of you!!

\*Additional plans





"The experience is very good, the weather and the place is beautiful. The roads are great for training, the Movich Hotel is a cycling hotel and they support us, and are very polite. It's very nice to be here"

## **Peter Sagan**

*Slovak professional road bicycle racer*

"At Movich you feel like a family. All the support, the hotel and the weather is amazing"

## **Sepp Kuss**

*Winner Vuelta a España 2023*

# HOTEL MOVICH LAS LOMAS

MEDELLÍN - RIONEGRO

A hotel widely known between amateur and profesional cyclists that come along to ride in the Oriente Antioqueño.

With an average of 2,200m (7,200ft) above sea level, the hotel location is perfect for daily rides and climbs that start and end at this hotel.

5 minute away from José María Córdova airport, Movich las lomas is an ideal place for socialand corporate events as well as to enjoy the best rest.



RESTAURANTS



SWIMMING  
POOL



KÚA SPA



GYM



OUTDOOR  
ACTIVITIES



KUA  
Spa



**ENJOY OUR FIRST  
CLASS SPA  
AFTER RIDING**

Kua Spa is an experience that maximizes wellness, inspired by a three-step ritual: Detoxification, Relaxation, Re-energization.

We look for the being to rebalance, harmonizing body, mind, and spirit using the 4 elements of nature.



# HOTEL INTERCONTINENTAL MOVICH MEDELLÍN

A luxury hotel in the heart of Medellín, nestled in the exclusive El Poblado district. Surrounded by lush greenery and stunning views of the Aburrá Valley, it offers the perfect blend of comfort and elegance.

Just 35 minutes from José María Córdova International Airport, InterContinental Movich Medellín is ideal for business, social events, or a relaxing getaway.



RESTAURANTS



SWIMMING  
POOL



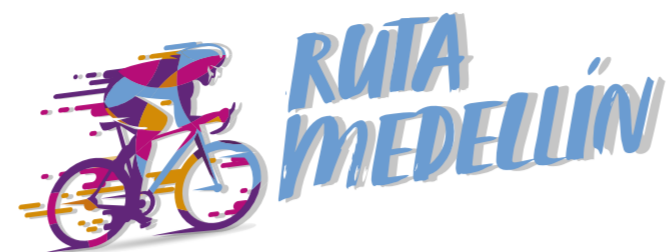
TIPSY  
BIRD BAR



SPA &  
GYM



OUTDOOR  
ACTIVITIES



MOVICH  
*cycling*

Team  
**Medellín**

**WE ARE WAITING FOR YOU TO  
ROLL AND ENJOY WITH US.**

For more information please contact  
[info@movichcycling.com](mailto:info@movichcycling.com)